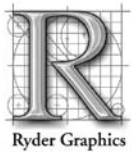


sponsored by:





Bend's oldest 6.2-mile road race will both challenge and inspire you with its fast, downhill course. Enjoy a festive, fall awards ceremony and raffle prize giveaway afterwards, with delicious baked goods and refreshing treats.

Date: Sunday, September 24, 2006
Time: 9:00AM
Place: Starts at Seventh Mountain Resort and finishes at the Les Schwab Amphitheater

CAUSE

Proceeds from this race will benefit the four Bend/LaPine High School Cross-Country teams

COURSE

Gradual Downhill 10k Course (certified)

HOW TO REGISTER

Bring or mail your entry to:

FootZone
845 Wall Street
Bend, Oregon 97701
541-317-3568

QUESTIONS??

Contact Amy Clark at amy_writes@hotmail.com or 541-350-3004

COST

Early entry is \$15 (Must be received by Saturday, September 16)
Late entry is \$20 (September 17 through September 23)
Day of Race entry is \$25

T-SHIRTS

Long-sleeved cotton t-shirts.

Cost: \$10, quantities will be limited for late registration.

DAY OF RACE REGISTRATION

Seventh Mountain Resort from 7:45–8:30AM

PACKET PICK UP

Saturday, September 23 from 10:00AM–6PM at the FootZone and Day of Race from 8:00–8:45AM at the

DAY OF RACE TRANSPORTATION

Seventh Mountain Resort buses will transport runners from the Amphitheater to the Start Line between 7:45 and 8:30AM. There will **NOT** be transportation from the finish back to the start.

ENTRY FORM

First name _____

Last name _____

Age _____

GENDER

Female Male

MAILING ADDRESS

Street _____

City _____ State _____

Zip _____

Phone _____

Email _____

ENTRY FEES

Long-sleeved cotton t-shirts

- Pre-register w/T-shirt—\$25 (thru Sept. 16)
- Pre-register no T-shirt—\$15 (thru Sept. 16)
- Late registration w/shirt—\$30 (Sept. 17–23)
- Late registration no shirt—\$20 (Sept. 17–23)
- Day of race registration w/shirt—\$35
- Day of race registration no shirt—\$25

T-SHIRT SIZE (If you purchased one)

Unisex Sizes

S M L XL

Make checks payable to:

CORK (Central Oregon Running Klub)

WAIVER

I know that running is a potentially hazardous activity. I should not enter the Bigfoot Run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the event. I assume all risks associated with competing in this event including high heat and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of the negligence or carelessness on the part of the persons named in this waiver.

Signature _____ Date _____