

MAC Dash

Event Date: September 11, 2010

Name _____ Sex **M** / **F**
Last First circle one

Street _____

City _____ State _____ ZIP _____

Phone (____) _____ E-mail _____

DOB ____/____/____ Shirt size: **XXL** ____ **XL** ____ **L** ____ **M** ____ **S** ____
mm dd yyyy

Emergency contact name _____

Emergency contact phone (____) _____

Estimated 500 yard swim time (minutes) _____

Make checks payable to:
MAC Dash

Is this your first triathlon? Yes / No *circle one*

Individual Divisions	by Aug 14th	by Sep 4th
<input type="checkbox"/> Sprint Triathlon	\$45	\$55
<input type="checkbox"/> Sprint Duathlon	\$45	\$55
<input type="checkbox"/> Mini-MAC Dash	\$0	\$0

Mail registration and payment to:
MAC Dash
1195 SE Kemper Way
Madras, OR 97741

Team Divisions		
<input type="checkbox"/> All Male Sprint Triathlon	\$35 per person	\$45 per person
<input type="checkbox"/> All Female Sprint Triathlon	\$35 per person	\$45 per person
<input type="checkbox"/> Coed Sprint Triathlon	\$35 per person	\$45 per person
<input type="checkbox"/> Family Sprint Triathlon	\$35 per person	\$45 per person

Team Name (required unless entering solo)

<input type="checkbox"/> All Male Sprint Duathlon	\$35 per person	\$45 per person
<input type="checkbox"/> All Female Sprint Duathlon	\$35 per person	\$45 per person
<input type="checkbox"/> Coed Sprint Duathlon	\$35 per person	\$45 per person
<input type="checkbox"/> Family Sprint Duathlon	\$35 per person	\$45 per person

Must be at least 14 years old to participate as an individual and at least 10 years old to compete on a team.

Each team member must complete an entry form. Be certain to put your team name on each form and mail together if possible.

WAIVER

I acknowledge that a multi-sport event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN THIS EVENT. I certify that I am capable of completing all disciplines of this event that I attempt, and that I am physically fit and have sufficiently trained. I agree to abide by the competitive rules. I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns, or anyone else who might claim or sue on my behalf, and I hereby waive, release and discharge from any and all claims, losses or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, or theft which may arise out of or relate to my participation in this event. I agree not to sue, and to hold harmless any and all persons, organizers, sponsors, volunteers, participants or government agencies for any and all claims or liabilities that I have waived, released or discharged herein.

I have personally inspected all equipment that I am using and have determined that it is in suitable condition and accept full responsibility for its' use. I understand that this course is open to normal road traffic and agree to obey all local traffic laws. Further, I hereby grant full permission to any and all of the foregoing to use photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising. **I further agree to return my issued timing chip at the finish or I agree to pay a \$30 chip replacement fee.** The entry fee is non-refundable and non-transferable. A parent or guardian must sign for all persons under age 18.

X _____
Participant signature

X _____
Parent or guardian signature if under age 18